

# PHILIPS

Recumbent bike

ReCare



PTE7000MR



## Strengthen knees and ankles without the impact

With real time feedback

The 7.0 R Recumbent bike sets the standard for providing both comfort and effective exercises. The rotating seat allows users to easily get on and off the bike. Rehabilitating or assisted patients can be positioned properly for exercises.

### Accessibility and comfort combined

- Adjust crank length to fit range of motion
- The seat rotates 360 degrees and adjusts forward and back

### User friendly

- The display is easy-to-read for metrics
- The seat and pedal adjustments are numbered

### Innovative programs

- Console measures strength input on left and right sides
- Displays workout data

# Highlights

## Console



Large, bright LED windows are easy for patients and clinicians to view important workout data at a glance.

## Crank adjustment

To help patients with limited mobility or injuries, the pedals can be moved along the crank to accommodate range of motion as small as 15 degrees. Smaller degrees render smaller circular lower body motions, so that patients can complete a full 360 degree stroke during rehabilitation. Cranks are indexed for keeping track of how far patients have improved, as well as for precise repetition.

## Indexed adjustments



Patients can document their bike set up using the indexed seat distance and crank adjustments. With documented numbers, you can easily reposition these features suitable for your next exercise or rehabilitation session.

## Rotatable seat and adjustments

The padded seat features contoured curves for the best stability and comfort. This helps people with limited strength and those who need assistance to position themselves better while seated. The seat moves forward and back to accommodate different heights, as well as reclines for various hip angles.

## Symmetry program

For asymmetrical patients who need to work on strengthening a weaker leg, the symmetry program allows clinicians to keep record and measure improvement as their patients progress.

## Console

Patients and clinicians can quickly see essential, real-time performance feedback while storing patient's data for clinicians to download. Windows display time, RPM, watts, calories, METs, heart rate, and power.

# Specifications

## Compliance

**Certifications:** ANSI/AAMI, CAN/CSA-C22.2 No. 60601-1:14, CE conformity to EN60601-1 EMC, Compliance to EN 60601-1-2, ES60601-1:2005+A2 (R2012) +A1, CE MDD 93/42/EEC Class I

## Max user weight

lbs: 440

## Net weight

lbs: 180

kg: 82

## Overall dimensions

inches: 55.1x32.6x46.8

cm: 140x83x119

## Power AC

Volts: AC 100-240V

## Drive train

**Heavy-duty:** 8 groove poly-V belt, with spring-loaded idlers

## CSAFE

Yes: -

## Hand pulse

Yes: -

## Programs

**include:** Custom, Hill, HR, Interval, Manual, Plateau, Symmetry, VO2, Isokinetic

## Resistance

**level:** 1 to 50

**type:** Magnetic resistance system

## Start resistance

watts: 5

## Work range

watts: 5 to 750

