

PHILIPS

Recumbent stepper

ReActiv



PTE4000CS



Low impact for all users

Upper or lower body, and total-body exercise

The ReActiv 4.0 S's make upper-body only, lower-body only, and total body exercise available in semi-recumbent position. The linear resistance is especially helpful for users to improve strength and balance of their arms and legs.

Delivers total-body exercise

- The resistance is equal for arms and legs
- The step ranges from 1 to 12.5 inches

Innovative programs

- Maintain your desired heart rate
- Intensity-based program using METs as the benchmark

Relieves impact and stress on joints

- The 4.0 S is accessible for even deconditioned users
- Relieve lower-body stress on the semi-recumbent seat

Intuitive and easy-to-use console design

- Bluetooth-based receiver is compatible with HR straps
- LED display and clear overlay enhance user interaction

Accommodating to a variety of users

- Adjust handles forward and backward

Highlights

HR Auto pilot



Heart rate-based programming is available at the touch of a button. Clinicians can assign their patients a targeted heart rate zone and the program adjusts the resistance accordingly to stay in the zone. A variety of preset programs gives users a number of choices for the type of exercise they are looking for.

METs-based program protocol

The ReActiv series features an innovative METs program that not only displays your metabolic equivalent, but also helps you maintain your desired METs by automated resistance adjustments. Resistance adjustments occur according to user's real-time watt input.

1:1 Linear resistance

This stepper offers 1:1 resistance, which allows a stronger arm or leg to help train another arm or leg. Equal resistance is beneficial for a variety of users, including those with a wider range of motion or those with imbalance between left and right legs or arms.

Low start up resistance

The 4.0 S is an excellent choice to build up user confidence and efficiency by allowing users to exercise at different levels of physical activity. A low starting resistance with just 5 watts reduces impact on joints and contributes to better motivation towards recovery.

Semi-recumbent design

Highly versatile, the semi-recumbent design relieves stress on hips, knees and ankles while providing a challenging workout. The seat fits many users of all ages and mobility limitations.

Step range



The step depth ranges from 1 to 12.5 inches, which allows for shallower step as well far-reaching steps. Step range of depth is equal and reciprocal from one foot to the other.

Built-in heart rate receiver

The ReActiv series incorporates state-of-the-art user interface and Bluetooth. Heart rate can be tracked real-time via Bluetooth with heart rate monitoring chest straps.

New appearance and interface

The new LED console features easy-to-read dot matrix display, two windows at the bottom, and one message window on top for readouts. This includes calories, distance, pulse, and many indicators according to users' program selections. Users can take in all of the information at one glance. The overlay enables intuitive operation with easy-to-identify color contrast and quick buttons to switch between Fitness, METs, HR programs, and more.

Adjustable handgrips



The accommodating handles are adjustable in length to fit a variety of users. Handle positioning is easily secured for legs-only, arms-only, or total-body workout.

Specifications

Compliance

Certifications: CE Class SA, EN957, UL (Commercial grade)

Power AC

Volts: Adaptor (DC12V/1.5A), AC 100-240V

Brake

Type: Magnetic resistance system

Max user weight

lbs: 396

kg: 180

Applicable connectivity

ANT+

Bluetooth (FTMS)

USB port

Charging: No

Accessory set

Adjustable crank arm: Optional

Built-in HR receiver

Type: ANT+, Bluetooth

CSAFE

Yes: -

Fan

Yes: 3 speed levels

Hand pulse

Yes: -

Programs

include: Custom, Hill, HR Auto pilot, Interval, Manual, METs, Plateau, HR 65%, HR 80%, HR Interval

Resistance

level: 1 to 20

Start resistance

watts: 10

Work rate

watts: 10 to 750

