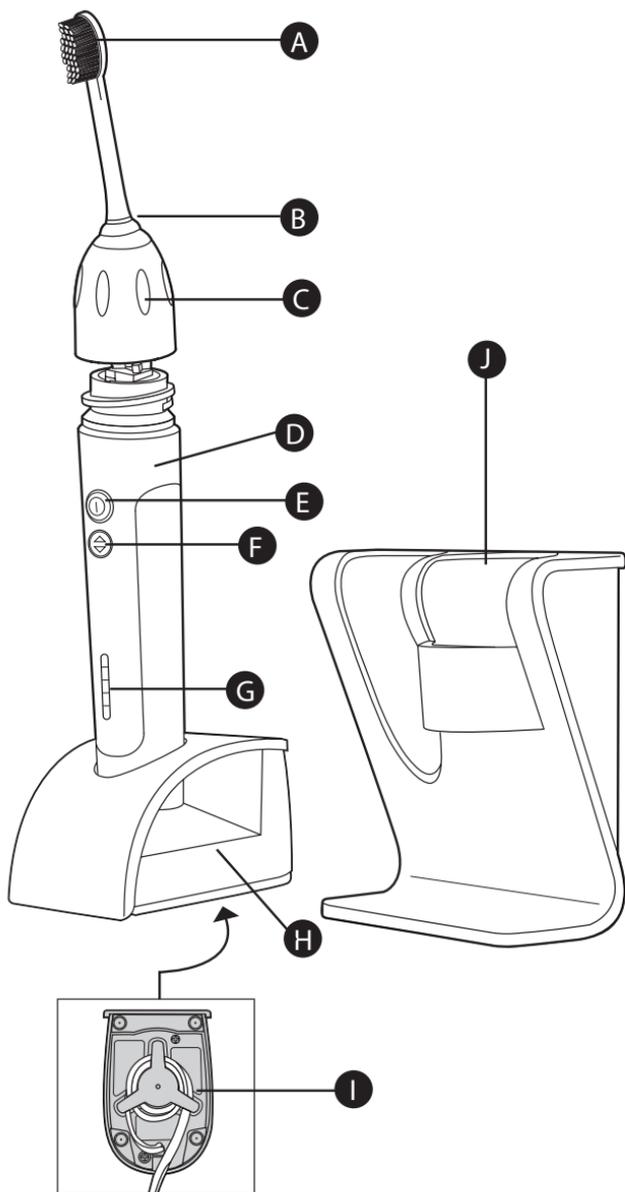


  
**sonicare**<sup>®</sup>  
the **sonic** toothbrush

elite<sup>®</sup>  
e7000  
series



**PHILIPS**



## General description

- A** Brush head
- B** Color code
- C** Removable nut
- D** Sonic power handle
- E** Power on/off button
- F** Dual Speed Control button (select models only)
- G** LED charging lights
- H** Charger
- I** Charger with power cord wrap facility
- J** Luxury holder

► Refer to bottom of charger for voltage specifications.

## IMPORTANT SAFEGUARDS

### READ ALL INSTRUCTIONS BEFORE USE

Sonicare® has been carefully engineered for both effectiveness and safety. However, basic safety precautions should always be followed when using any electrical product, especially when children are present.

## DANGER

To reduce the risk of electrocution:

- 1) DO NOT place or store the charger where it can fall or be pulled into a tub or sink.
- 2) DO NOT place or drop the charger into water or other liquid.
- 3) DO NOT reach for a charger that has fallen into water.  
Unplug immediately.
- 4) DO NOT use while bathing.
- 5) DO NOT plug the charger into an incorrect voltage source outlet. It has been designed for use with a specific electrical voltage.
- 6) This instrument is designed for plugging into an electrical outlet. Refer to the bottom of the charger for voltage specification. Voltage converters or plug adapters DO NOT guarantee voltage compatibility. Never force the plug into an outlet.

## WARNING

To reduce the risk of burns, electrocution, fire or injury:

- 1) Close supervision is necessary when this product is used by or on children or the disabled.
- 2) Use this product only for its intended use as described in this booklet. Do not use attachments not recommended by the manufacturer. See voltage information above.

- 3) Never operate the charger if it has a damaged cord or plug, if it is not working properly, if it has been dropped or if it has been dropped into water. This product contains no serviceable parts. If repair is needed please refer to the Customer Service Information section of this manual and contact one of our representatives.
- 4) Keep the cord away from heated surfaces.
- 5) If your favorite toothpaste includes peroxide, baking soda or other bicarbonate (common in whitening toothpastes), it is important that you thoroughly clean your brush head with soap and water after each use

## MEDICAL WARNINGS

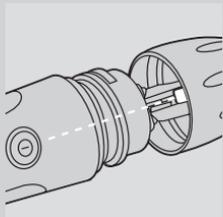
- 1) Avoid using a brush head with crushed or bent bristles. Damaged bristles may break off while brushing. In order to prevent this, replace the brush head with a new one every 6 months or sooner if signs of wear appear.
- 2) Similar to starting with any new manual or electric oral hygiene product, consult your dental professional before using this product if you have had oral or gum surgery in the previous 2 months.
- 3) Contact your dental professional if excessive bleeding occurs after using this product or bleeding continues to occur after 1 week of use.
- 4) If you have any questions concerning usage with a pacemaker or other implanted device, consult your physician or the implanted device manufacturer prior to use. Sonicare has been tested and is compliant with safety standards for electromagnetic devices.
- 5) The Sonicare toothbrush is a personal care device and is not intended for use on multiple patients in a dental office or institution.
- 6) This product is designed for cleaning teeth, gums and tongue only. Do not use it for any other purpose.

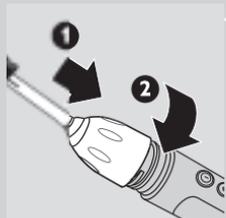
## SAVE THESE INSTRUCTIONS

### Preparing for use

To attach the Sonicare brush head:

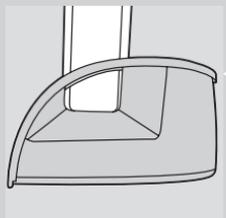
- 1** Align the front of the brush head with the front of the toothbrush handle. Match the bars on the brush head with the notches inside the top of the handle and slide the brush head onto the handle.





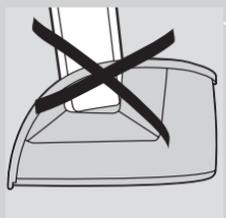
- 2** Turn the brush head nut clockwise until it is firmly tightened. If the brush head rattles during use, tighten the nut further.

## Charging your Sonicare®



Sonicare comes with the batteries completely discharged and should be charged for at least 24 hours during the first few days of use.

- 1** To charge your Sonicare, place the handle in the charger with the Sonicare logo facing forward. Be sure the bottom of the handle sits back securely in the charger, making complete contact.



- ▶ When the handle is placed incorrectly in the charger, the green charge indicator LED may still illuminate, but charging will not take place.

Handles of other Sonicare models do not fit in this charger and will therefore not charge effectively. Do not attempt to force a handle into this charger as this will cause damage.

It is recommended that you keep your Sonicare in the charger when not in use to maintain a full battery charge. It takes at least 24 hours to fully charge Sonicare's battery.

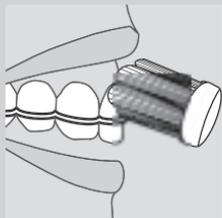
## Using the appliance

### Useful tips

- ▶ You can use your favorite toothpaste with your Sonicare.
- ▶ The brush head comes with a convenient travel cap. Remove the travel cap from the brush head before turning on your Sonicare.
- ▶ Place the brush head in your mouth before turning on your Sonicare, and be sure it is turned off before removing it from your mouth, otherwise toothpaste may splatter.
- ▶ Rinse the brush head and bristles after each use.
- ▶ Clean the brush head weekly, including under the nut.
- ▶ A fully charged Sonicare will provide approximately 2 weeks of typical use (2 minutes of brushing twice a day), making it easy to travel without the charger.

Remember: voltage converters and plug adapters DO NOT guarantee voltage compatibility. Always check for voltage compatibility.

## Tips for specific oral care needs



### ► Stain removal

In areas where staining occurs, a few seconds of additional brushing time may be spent to assist with stain removal.

### ► Braces

The brush should be placed at a 45-degree angle between your brackets and gumline. Using light pressure, gently move the bristles in a small circular motion so that the long bristles reach between your teeth for 2 seconds. Then gently turn (roll) the brush handle so the bristles clean the bracket and the rest of the tooth before you move the bristles to the next tooth. Continue this until you have brushed all of your teeth.

### ► Dental restorations

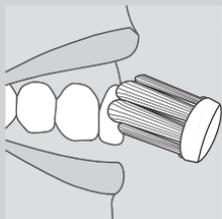
Use Sonicare on dental restorations (e.g. implants, caps, crowns, bridges and fillings) as you would on your normal tooth surfaces to reduce plaque build-up and improve gum health. Work the bristles around all areas of the restoration for thorough cleaning.

### ► Periodontal pockets

Your dental professional may have indicated that you have periodontal pockets, deep pockets where plaque bacteria collect. If this is the case, after brushing for a full 2 minutes, spend extra time gently brushing these areas to improve your gum health. You may want to take advantage of the Programmable Quadpacer® timer feature on select models (see Programmable Quadpacer timer section).

## Proper brushing technique

Follow these simple steps to maximize your brushing experience:



- 1** Before turning the Sonicare on, place the bristles of the brush head on your gumline at a 45-degree angle.
- 2** Hold the handle with a light grip, turn the Sonicare on, and glide the brush across your teeth.
- 3** To maximize Sonicare's effectiveness apply only light pressure and let the Sonicare toothbrush do the brushing for you. Do not scrub.
- 4** The angled brush head and slender neck help you reach the back teeth and the tooth surfaces on the inside of the mouth. Be sure to adjust your brushing to use the angle to your advantage and keep as many bristles in contact with the teeth as possible.



- 5** To make sure you brush evenly throughout the mouth, divide your mouth into 4 sections: outside top, inside top, outside bottom and inside bottom teeth. Begin brushing in section 1 (outside top teeth) and brush for 30 seconds before moving to section 2 (inside top teeth). Continue brushing for 30 seconds in each section progressing through all 4 sections until you've brushed for 2 minutes. If activated, the Quadpacer® timer will beep every 30 seconds to signal you to move to the next quadrant.
- 6** After having completed the 2-minute brushing cycle, your Sonicare will automatically turn off. If you want, you can turn the toothbrush back on for another brushing cycle and spend additional time brushing the chewing surfaces of your teeth.
- 7** You may also brush your tongue, with the toothbrush turned on or off, as you prefer.
- 8** You may experience a slight tickling or tingling sensation after using an electronic toothbrush such as Sonicare for the first time. As you become accustomed to brushing with Sonicare this sensation will diminish.

## Special features

**Please refer to your Elite 7000 package to determine specific model features.**

Features that simplify brushing:

### Easy-start® brushing power ramp-up

- ▶ All Sonicare models come with the Easy-start feature activated, which helps you get used to brushing with Sonicare.
- ▶ Brushing power will gently increase to full power over the first 14 brushings.
- ▶ The Easy-start feature is active if you hear 2 beeps immediately after turning on your Sonicare. Once the appliance has reached optimal brushing power (after the 14th brushing), you will no longer hear the double beep at the beginning of your brushing routine.
- ▶ *Note: Each of the first 14 brushings must be at least 1 minute in length to properly advance through the Easy-start ramp-up cycle.*

To turn off or reactivate the Easy-start feature:

- 1** Attach your brush head to the handle.
- 2** Place the handle in the plugged-in charger.
- 3** To deactivate Easy-start:

Press and hold the power button for 2 seconds. You will hear 1 beep to indicate that the Easy-start feature has been deactivated.

#### **4 To reactivate Easy-start:**

Press and hold the power button until you hear 2 beeps. This indicates that the Easy-start feature is active again.

Using the Easy-start feature beyond the initial ramp-up period is not recommended and reduces Sonicare's effectiveness in removing plaque.

The Easy-start feature should be deactivated when Sonicare is used in clinical trials.

### Smartimer® 2-minute timer

- ▶ All Sonicare models come with the Smartimer feature, which automatically sets the brushing time to the 2 minutes recommended by dental professionals. After these 2 minutes, your Sonicare will automatically turn off. If you wish to brush for a longer period, simply press the power button and another 2-minute cycle will start.
- ▶ If you wish to pause or stop brushing during your 2-minute cycle, press the power button. If you press the power button again, the Smartimer will resume where you left off.
- ▶ *The Smartimer will automatically reset to the beginning of a 2-minute cycle if:*
  - brushing is paused for 30 seconds or longer;
  - the handle is returned to the charger.

### Quadpacer® 30-second interval timer



- ▶ Quadpacer makes sure that you brush all sections of your mouth evenly and thoroughly. At 30-second intervals (at 30, 60 and 90 seconds in case of a 2-minute brushing cycle), you will hear a short beep and a pause in brushing action. This is your signal to move to the next section of your mouth.

### Programmable Quadpacer timer (select models only)

The Programmable Quadpacer timer offers you the option of customizing the Quadpacer performance in 1 of 3 ways:

- ▶ You may opt to keep the factory default setting of a 2-minute brushing time with Quadpacer beeps activated.

- ▶ You may choose to extend your brushing time to 2 1/2 minutes by adding an additional timing interval of 30 seconds.
- ▶ You may choose a 2-minute brushing time, but with the Quadpacer beeps turned off.

To change the Quadpacer settings:

- 1** Place the handle in the charger that is plugged into a live electrical outlet.
- 2** Press the Dual Speed Control button briefly and note which LED lights up.
- 3** Press and hold the Dual Speed Control button. Continue to hold the button while the LEDs slowly cycle through the timing interval setting options:

- ▶ Green LED in position 4: Quadpacer active (factory default setting).
- ▶ Green LED in top (5th) position: 2 1/2 minute setting - Quadpacer active with additional timing interval of 30 seconds.

- ▶ Yellow LED in bottom (1st) position: no timing intervals set - Quadpacer not active.

- 4** To program the desired setting, release the button when the LED corresponding to your choice lights up.

- ▶ *Note: Selecting 2 1/2 minutes brushing time reduces the number of brushings available from a charged battery.*

### Dual Speed Control (select models only)

The Dual Speed Control feature allows you to choose between 2 speed settings: Normal speed for optimum brushing performance, or Reduced speed when an even more gentle action is desired.

Each time you turn your Sonicare on, it will begin brushing at the Normal speed setting. To change the speed setting:

- 1** From Normal to Reduced speed: press the Dual Speed Control button once during brushing.

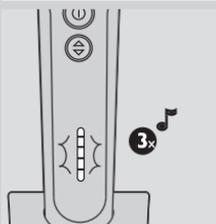
- 2** From Reduced to Normal speed: press the Dual Speed Control button a second time during brushing.

A distinctive two-tone beep indicates that the speed setting has been changed.

It is recommended that you brush at the Normal speed setting to maintain optimal results.

The Normal setting should be selected when Sonicare is used in clinical trials.

### Battery Charge Indicator



- If the battery charge of your Sonicare is low, you will hear 3 beeps after you have brushed your teeth for 2 minutes and the charge indicator LED will blink yellow for 30 seconds.

A low charge indication signifies that 3 or fewer 2-minute brushings remain.

When not in use, keep your Sonicare in the charger to maintain a full battery charge.

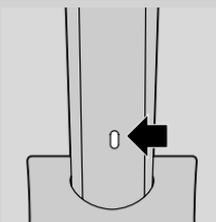
### Multiple-LED charge indicator (select models only)

- When the handle is placed in the charger, the green charge indicator LEDs will blink in a rising pattern as the battery charges. The number of blinking LEDs indicates the level to which the battery has been charged.

When the battery reaches full charge, the LEDs stop blinking and start to burn continuously. About once a minute, the charge indicator LEDs go out momentarily and then come back on. This indicates that the battery is being maintained at full charge. The full charge indication will persist until the handle is removed from the charger.

The blinking yellow LED indicates that fewer than 3 brushings remain.

### Single-LED charge indicator (select models only)



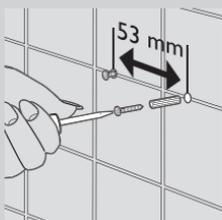
- When the handle is placed in the charger, the charge indicator LED will blink green as the battery charges. When the battery reaches full charge, the charge indicator LED will burn green continuously until the handle is removed from the charger.

When your Sonicare is turned on or off, the charge indicator LED will blink yellow if the battery charge is low.

## Luxury Brush Holder (select models only)



- Some Sonicare models come with a Luxury Brush Holder.



- The Luxury Brush Holder can be mounted to the wall with 2 screws (3.0 x 30 mm) and 2 wall plugs (not included)

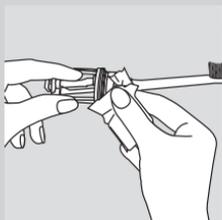
## Caring for your Sonicare

### Simple tips for care



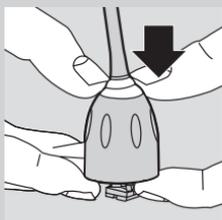
By following these simple steps, you should get years of worry-free brushing:

- 1** Rinse the brush head and bristles after each use.



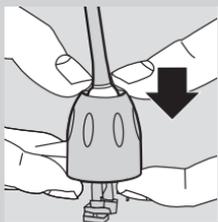
- 2** Clean the brush head weekly, including under the nut.

- 3** To remove the nut:



- Press down gently on the grey seal area.

Avoid using sharp objects to push on the seal as this may cause damage.



► Push the nut up over the end of the brush head.

**4** To replace the nut, slip the nut over the brush head shaft and insert the lower part of the brush head into the handle. Turn the nut clockwise until it is firmly tightened and the nut snaps into the seal.



**5** Clean the handle weekly.

**6** Clean the charger periodically.  
Unplug the charger before cleaning.

**7** Examine the power cord periodically. Do not use the charger if the power cord is damaged.

**8** Use the cord wrap facility in the bottom of the charger to store excess cord.

UNPLUG the charger before cleaning. After cleaning the charger completely dry the charger before plugging it into an electrical outlet.

Mild soap, water and a moist cloth are recommended for cleaning your Sonicare.

## Storage

If the product is not to be used for an extended period of time it should be cleaned, unplugged from the electrical outlet, not stored in direct sunlight, and kept in a cool and dry area. The cord wrap can be used to store power cord in an organized manner:

## Brush head replacement

Replacing your brush head every 6 months in clinically proved to remove more plaque.

Use only Sonicare Elite® series replacement brush heads.

## Battery recycling

HANDLE CONTAINS NICKEL CADMIUM BATTERY. BATTERY MUST BE RECYCLED OR DISPOSED OF PROPERLY.

The battery inside your Sonicare cannot be replaced, but is easily removed for recycling. At the end of product life and prior to disposal, please remove the battery from the handle by following the instructions below.

**Please note that this process is NOT reversible.**

- ▶ To help protect our environment, we encourage you to recycle at approved recycling locations. Do not dispose of the battery in normal household waste.

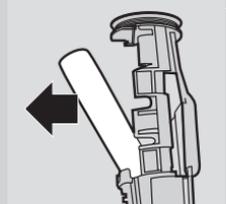
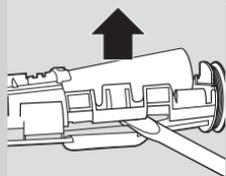
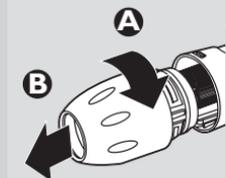
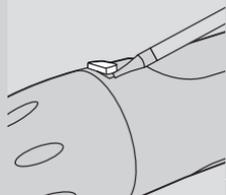
### CAUTION

Caution should be exercised when using any household tools (such as a screwdriver) to remove the battery.

- 1** Deplete the battery of any charge by removing the handle from the charger, turning the Sonicare on and allowing it to run until it stops. Repeat this step until the product will no longer operate.
- 2** Remove the soft-touch rib by inserting a screwdriver under it and breaking it out.
- 3** Remove the nut from the brush head and place it onto the handle. Tighten the nut onto the handle (A) until the housing comes loose and then pull the nut forward (B).
- 4** Insert a screwdriver between the electronic circuit board and the plastic part close to each end of the battery; twist and break the connection between the battery and the electronic circuit board in 2 locations.
- 5** Separate the rechargeable battery from the appliance by means of a screwdriver.

**Please note that this process is NOT reversible.**

For information about Sonicare's battery recycling program or instructions on recycling your Sonicare, call 1-800-682-7664 (North America) or, outside North America, contact your local Philips Customer Care Center.



## **GUARANTEES AND SERVICE**

SEE SEPARATE PHILIPS WORLDWIDE GUARANTEE LEAFLET FOR STANDARD GUARANTEE.

### **GUARANTEE RESTRICTIONS**

WHAT IS NOT COVERED UNDER WARRANTY:

- BRUSH HEADS
- DAMAGE CAUSED BY MISUSE, ABUSE, NEGLIGENCE OR ALTERATIONS
- NORMAL WEAR AND TEAR, INCLUDING CHIPS, SCRATCHES, ABRASIONS, DISCOLORATION OR FADING

### **IMPLIED WARRANTIES**

ANY IMPLIED WARRANTIES, INCLUDING IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, SHALL BE LIMITED TO THE DURATION OF THE EXPRESS WARRANTIES SET FORTH IN THIS LIMITED WARRANTY. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATION MAY NOT APPLY TO YOU.

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## Troubleshooting Guide

If you are unable to solve your problem by means of the troubleshooting guide below, in North America contact 1-800-682-7664 or contact us online at [www.sonicare.com](http://www.sonicare.com). Outside North America, contact the Philips Customer Care Center or contact us online at [www.philips.com](http://www.philips.com).

Problem	Solution
The Sonicare toothbrush does not work	Recharge your Sonicare for at least 24 hours. Verify your Sonicare is plugged into a live electrical outlet and not into an outlet controlled by a light switch. You may need to re-attach or replace the brush head.
I feel a tickling sensation when I use Sonicare.	You may experience a slight tickling/tingling sensation when using Sonicare for the first time. As you become accustomed to brushing with Sonicare, this sensation will diminish.
The brush head rattles when I use Sonicare.	Sonicare should produce a gentle hum during operation. Tightening the brush head nut can eliminate excessive rattling. If rattling does not stop, you may need to replace the brush head.
The brush head chatters against my teeth.	This can be avoided by keeping the brush head properly oriented, with the brush head placed on the gumline at an angle of 45 degrees.
Brushing seems less powerful.	The handle may need recharging. The Easy-start feature may be on and needs to be deactivated (see 'Special features'). The Dual Speed Control button (available on select models only) may be set to Reduced Speed. You may need to clean your brush head. You may need to replace your brush head.
Unpleasant odor	Clean the handle, brush head and charger thoroughly (see 'Caring for your Sonicare'). Replace the brush head with a new one.
The LED blinks yellow. What does this mean?	The blinking yellow LED indicates that fewer than 3 brushings remain. Recharge your Sonicare for at least 24 hours.
The appliance has an extra 30 seconds of brushing time. What is this for?	This function provides additional time for brushing troublesome areas where plaque collects and gum disease starts. It is recommended you use the extra 30 seconds of brushing time to re-brush troublesome areas, massage your gums, or brush your tongue (see 'Special features').

*North America:*  
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[www.sonicare.com](http://www sonicare.com)

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