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Philips FlexCare
Rechargeable
Sonic Toothbrush
Introduction

Congratulations on your purchase and welcome to Philips! To fully benefit from the support that Philips offers, register your product at www.philips.com/welcome.

IMPORTANT SAFEGUARDS

READ ALL INSTRUCTIONS BEFORE USE

When using electrical products, especially when children are present, basic safety precautions should always be followed, including the following:

DANGERS

To reduce the risk of electrocution:
1. Do not place or store the charger or sanitizer where it can fall or be pulled into a tub or sink, or where it will sit or drop into water or other liquid.
2. Do not reach for a charger or sanitizer that has fallen into water. Unplug immediately.
3. Never use a charger with a damaged cord or plug.

WARNINGS

To reduce the risk of burns, electrocution, fire or physical injury:
1. Do not use attachments other than those recommended by the manufacturer.
2. This product is designed to operate within a range of 100 to 240 volts.
3 Do not insert objects into the air openings of the sanitizer or block these air openings by placing it on a soft surface or in a position or location where objects will block these openings (examples of objects: magazine, tissue paper, hair, and the like).

4 Never force the plug into an outlet; if the plug does not easily fit into the outlet, discontinue use.

5 Discontinue use if the product appears damaged in any way (brush head, handle, charger, sanitizer).

6 The power cord cannot be replaced. If the power cord is damaged, discard the charger and/or sanitizer.

7 Keep the cord away from heated surfaces.

8 Do not use the charger or sanitizer outdoors or operate the sanitizer where aerosol (spray) products are being used or where oxygen is being administered.

9 Never use the toothbrush while sleepy or drowsy.

10 This product contains no user-serviceable parts. Refer to ‘Warranty and support’ if the product no longer works properly or needs repair.

11 Use this product only for its intended use as described in this document or as recommended by your dental professional.

12 This product is not intended for use by children and people with reduced physical, sensory, or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the product and understand the hazards involved.

13 Children should be supervised to ensure that they do not play with the product.

14 Sonicare is a personal care device for household use and is not intended for use on multiple patients in a dental office or institution.
15 Discontinue use of the sanitizer if the UV light bulb remains on when the door is open. UV light can be harmful to the human eye and skin. Keep the sanitizer out of the reach of children at all times.

16 Do not operate the UV sanitizer without the protective screen in place to avoid contact with hot bulb.

17 If the sanitizer is used for 3 consecutive UV clean cycles (i.e., 3 times in a row) a minimum of 30 minutes ‘Off Time’ is required before you start another UV clean cycle.

MEDICAL WARNINGS

1 Consult your dental professional before you use this product if you have had oral or gum surgery in the previous 2 months.

2 Contact your dental professional if excessive bleeding occurs after using this product or bleeding continues to occur after 1 week of use.

3 Discontinue use of this product and contact a physician/dentist if discomfort or pain is experienced.

4 This product complies with the safety standards for electromagnetic devices. If you have a pacemaker or other implanted device, contact your physician or the device manufacturer prior to use.

5 Consult your physician if you have other medical concerns.

SAVE THESE INSTRUCTIONS
Your Sonicare (Fig. 1)

1. Hygienic travel cap
2. Brush head
3. Handle with soft grip
4. Power on/off button
5. Personalized brushing button
6. Brushing modes (select models)
7. Brushing routines (select models)
8. Deluxe recharge gauge
9. Travel charger
10. UV sanitizer with integrated charger and cord wrap

- Not shown: UV light bulb
- Not shown: Sanitizer drip tray
- Not shown: Protective screen for UV light bulb

Note: The contents of the box will vary based on the model purchased

Getting started

Attaching the brush head

1. Align the brush head so the bristles face the front of the handle.

2. Firmly press the brush head down on the metal shaft until it stops.

Note: When the brush head is attached, it is normal that there is a small gap between the brush head and the handle.
Charging your Sonicare

1. Plug the charger into a live outlet.
2. Place the handle on the charger.
   - The flashing light on the battery gauge indicates that the toothbrush is charging.

**Deluxe recharge gauge:**
Indicates amount of charge left in battery
- 3 green LEDS: 75-100%
- 2 green LEDS: 50-74%
- 1 green LED: 25-49%
- 1 flashing yellow LED: less than 25%

*Note: If the battery charge of your Sonicare is low, you hear 3 beeps and 1 LED on the recharge gauge flashes yellow for 30 seconds after the 2-minute brushing cycle.*

*Note: To keep the battery fully charged at all times, you may keep your Sonicare on the charger when not in use. It takes at least 24 hours to fully charge the battery.*

Using your Sonicare

**Brushing instructions**

1. Wet the bristles and apply a small amount of toothpaste.
2. Place the toothbrush bristles against the teeth at a slight angle towards the gumline.
3. Press the power on/off button to turn on the Sonicare.

*Note: In order to avoid toothpaste splatter, please make sure the toothbrush is in contact with your teeth before you turn on the Sonicare.*
4 Apply light pressure to maximize Sonicare’s effectiveness and let the Sonicare toothbrush do the brushing for you.

5 Gently move the brush head slowly across the teeth in a small back and forth motion so the longer bristles reach between your teeth. Continue this motion throughout your brushing cycle.

Note: To make sure you brush evenly throughout the mouth, divide your mouth into 4 sections using the Quadpacer feature (see chapter ‘Features’).

6 Begin brushing in section 1 (outside top teeth) and brush for 30 seconds before moving to section 2 (inside top teeth). Continue brushing in section 3 (outside bottom teeth) and brush for 30 seconds before moving to section 4 (inside bottom teeth).

7 After you have completed the brushing cycle, you can spend additional time brushing the chewing surfaces of your teeth and areas where staining occurs. You may also brush your tongue, with the toothbrush turned on or off, as you prefer.

Your Sonicare is safe to use on:
- Braces (brush heads wear out sooner when used on braces)
- Dental restorations (fillings, crowns, veneers)
Personalizing your brushing experience

Sonicare automatically starts in the default Clean mode. To personalize your brushing:

1. Prior to turning on the Sonicare, press the personalized brushing button to toggle between modes and routines.

   - The green LED indicates the selected mode or routine.

Note: When the toothbrush is turned on, you can switch between modes but not between routines. Routines should be selected prior to brushing.

Brushing modes

Clean mode
Standard mode for superior teeth cleaning.

White mode
2 minutes of Clean mode, with an additional 30 seconds of White mode to focus on your visible front teeth.

White mode brushing instructions

1. Brush the first 2 minutes as explained in section ‘Brushing instructions’.

2. After the 2 minutes of Clean mode, the White mode starts with a change in brushing sound and motion. This is your signal to start brushing the upper front teeth for 15 seconds.

3. At the next beep and pause, move to the bottom front teeth for the final 15 seconds of brushing.

Massage mode
Mode for gentle gum stimulation.
Brushing routines

**Go Care routine**
1-minute brushing cycle in the Clean mode, for a quick clean. You hear the Quadpacer signal at 15-second intervals.

**Max Care routine**
3-minute brushing cycle that combines the Clean and Massage modes in one routine for a thorough mouth clean. There are 30 seconds of Clean mode and 15 seconds of Massage mode for each of the 4 sections of your mouth. You will hear the Quadpacer signal at 45 second intervals.

*Note: When Sonicare is used in clinical studies, the default 2-minute Clean mode must be selected. The handle should be fully charged. Deactivate the Easy-start feature and for areas where excess staining occurs, an additional 30 seconds of brushing time can be spent to assist with stain removal.*

Features

**Easy-start**

- This Sonicare model comes with the Easy-start feature activated.
- The Easy-start feature gently increases power over the first 14 brushings to ease into the Sonicare experience.

*Note: Each of the first 14 brushings must be at least 1 minute in length to properly move through the Easy-start ramp-up cycle.*
Deactivating or activating the Easy-start feature

1. Attach your brush head to the handle.

2. Place the handle in the plugged-in charger.
   - To deactivate Easy-start:
     Press and hold the power on/off button for 5 seconds. You hear 1 beep to indicate that the Easy-start feature has been deactivated.
   - To activate Easy-start:
     Press and hold the power on/off button for 5 seconds. You hear 2 beeps to indicate that the Easy-start feature has been activated.

Note: Using the Easy-start feature beyond the initial ramp-up period is not recommended and reduces Sonicare’s effectiveness in removing plaque.

Smartimer

The Smartimer indicates that your brushing cycle is complete by automatically turning off the toothbrush at the end of the brushing cycle. Dental professionals recommend brushing no less than 2 minutes twice a day.

Quadpacer

- The Quadpacer is an interval timer that has a short beep and pause to remind you to brush the 4 sections of your mouth. Depending on the brushing mode or brushing routine you have selected, the Quadpacer beeps at different intervals during the brushing cycle. See the ‘Brushing instructions’ and ‘Personalizing your brushing experience’ sections.
The Quadpacer feature on this model has been activated. To deactivate or reactivate the Quadpacer feature:

1. Place the handle with a brush head attached in the plugged-in charger.

2. Press and hold the personalized brushing button until:
   A. You hear 1 beep to indicate the Quadpacer has been deactivated.
   B. You hear 2 beeps to indicate the Quadpacer has been activated.

Note: The Quadpacer feature cannot be deactivated on the pre-programmed Go Care and Max Care brushing routines.

Integrated cord wrap of UV sanitizer

1. You can store excess cord using the cord wrap feature built into the bottom of the sanitizer.
Sanitizing

With the UV sanitizer you can clean your brush head after every use.

**Unplug the sanitizer, discontinue use and call Consumer Care if:**
- The UV light bulb remains on when the door is open.
- The window is broken or missing from the sanitizer.
- The sanitizer gives off smoke or a burning smell while it is operating.

*Note: UV light can be harmful to the human eye and skin. This device should be kept out of reach of children at all times.*

1. After brushing, rinse the brush head and shake off excess water.

**Do not place the travel cap on the brush head during sanitization.**

2. Place your finger in the door recess on top of the sanitizer and pull open the door.

3. Place the brush head on one of the 2 pegs in the sanitizer with the bristles facing the light bulb.

*Note: Only clean Sonicare snap-on brush heads in the sanitizer.*

*Note: The Sonicare for Kids brush head wears and degrades in the UV sanitizer. You have to check and replace your child’s brush more frequently than regular Sonicare brush heads (See chapter ‘Replacement’).*
4. Make sure the sanitizer is plugged into a live outlet of appropriate voltage.

5. Close the door and press the green power on/off button once to select the UV clean cycle.

*Note:* You can only turn on the sanitizer if the door is properly closed.

*Note:* The sanitizer stops if you open the door during the sanitizing cycle.

*Note:* The sanitizer cycle runs for 10 minutes and then automatically shuts off.

- The sanitizer is in operation when the light glows through the window.

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**Cleaning**

Do not clean the brush head, handle, travel charger or the UV sanitizer in the dishwasher.

**Toothbrush handle**

1. Remove the brush head and rinse the metal shaft area with warm water.

Do not push on the rubber seal on the metal shaft with sharp objects, as this may cause damage.

2. Use a damp cloth to wipe the entire surface of the handle.

**Brush head**

1. Rinse the brush head and bristles after each use.

2. Remove the brush head from the handle and rinse the brush head connection at least once a week with warm water.
Charger

1. Unplug the charger.
2. Use a damp cloth to wipe the surface of the charger.

Sanitizer

Do not immerse the sanitizer in water or rinse it under the faucet.

Do not clean the sanitizer when the UV light bulb is hot.

For optimal effectiveness, it is recommended to clean your sanitizer weekly.

1. Unplug the sanitizer.
2. Pull the drip tray straight out. Rinse the drip tray and wipe it clean with a damp cloth.
3. Clean all interior surfaces with a damp cloth.
4. Remove the protective screen in front of the UV light bulb.
   To remove the screen, grasp the edges next to the snaps, gently squeeze and pull out the protective screen.
5. Remove the UV light bulb.
   To remove the light bulb, grasp it and pull it out of the metal clasp.
6. Clean the protective screen and the UV light bulb with a damp cloth.
7. Reinsert the UV light bulb.
   To reinsert the light bulb, align the bottom of the light bulb with the metal clasp and push the bulb into the clasp.
8 Reinsert the protective screen.
To reinsert the screen, align the pegs on the screen with the slots on the reflective surface near the UV light bulb. Push the screen straight into the slots on the sanitizer.

Storage
If you are not going to use the product for an extended period of time, unplug it from the electrical outlet, clean it and store it in a cool and dry place away from direct sunlight. You can use the integrated cord wrap to store excess cord of the UV sanitizer in an organized manner.

Replacement

Brush head
- Replace Sonicare brush heads every 3 months to achieve optimal results.
- Use only genuine Philips Sonicare replacement brush heads.

UV light bulb
- Replacement UV bulbs are available through your Sonicare Consumer Service Center in North America by calling 1-800-682-7664. Outside North America, contact your local Philips Consumer Care Center.
Disposal

This product may contain lead and mercury. Disposal of these materials may be regulated due to environmental considerations. For disposal or recycling information, please contact your local authorities or visit www.recycle.philips.com.

This product contains batteries:
- Dispose of batteries properly. Do not incinerate. Batteries may explode if overheated.
- Do not wrap in metal or aluminum foil. Tape the waste battery terminals before discarding.
- It is suggested that you contact your local town or city to determine proper battery redemption site(s) in your area.
- Please visit www.call2recycle.org for additional information on a recycling center in your area for rechargeable batteries.

Removing the rechargeable battery

PLEASE NOTE THAT THIS PROCESS IS NOT REVERSIBLE.

- To remove the rechargeable battery, you need a flat-head (standard) screwdriver. Observe basic safety precautions when you follow the procedure outlined below. Be sure to protect your eyes, hands, fingers, and the surface on which you work.

1. To deplete the rechargeable battery of any charge, remove the handle from the charger, turn on the Sonicare and let it run until it stops. Repeat this step until you can no longer switch on the Sonicare.

2. Insert a screwdriver into the slot located at the bottom of the handle and turn counterclockwise to release the bottom cap.
3 Hold the handle upside down and push down on the shaft to release the internal components of the handle.

4 Insert the screwdriver under the circuit board, next to the battery connections, and twist to break the connections. Remove the circuit board and pry the battery from the plastic carrier. The rechargeable battery can now be recycled and the rest of the product discarded appropriately.

Warranty and support

Philips warrants its products for two years after the date of purchase. Defects due to faulty materials and workmanship will be repaired or replaced at Philips expense provided that convincing proof of purchase in the qualifying period is provided. Use of unauthorized replacement parts will void this warranty. Contact our Consumer Center at 1-800-682-7664 (North America), outside North America contact your local Philips Consumer Care Center. Internet information: www.sonicare.com (North America) or www.philips.com (outside North America).
WARRANTY EXCLUSIONS

What is not covered under warranty:
- Brush heads
- Damage caused by use of unauthorized replacement parts.
- Damage caused by misuse, abuse, neglect, alterations or unauthorized repair.
- Normal wear and tear, including chips, scratches, abrasions, discoloration or fading.
- UV light bulb.

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