

# PHILIPS

## Wake-up Light

Wake up with light

2 natural sounds

FM radio & Bedside lamp

Sunset Simulation

HF3508/01



## Wake up with light, feeling more refreshed with a Wake-up Light that wakes you up naturally

Inspired by nature's sunrise the Philips Wake-up Light uses a unique combination of light and sound to wake you in a more natural way. It helps you to feel more refreshed, so that it is easier get out of bed.

### **Natural light wakes you gradually**

- Sunrise Simulation wakes you gradually
- Dimming light gently sends you off to sleep
- Bedside light with 10 light settings
- Colour flow of sunrise: bright Yellow

### **Natural sounds wake you gently**

- Choice of 2 different natural wake up sounds or FM radio

### **Naturally designed around you**

- Snooze function
- Adjust your display with 4 brightness levels or turn it off

### **Naturally proven to work**

- Developed by Philips, experts in light for over 100 years.
- The only Wake-up Light clinically proven to work

# Highlights

## 2 different natural sounds

At your set wake up time a natural sound will play to complete the wake up experience and ensure you are awake. The selected sound gradually increases in volume to your selected level within one and a half minute. There are two natural bird sounds you can choose from.

## Sunrise Simulation



Inspired by nature's sunrise, light gradually increases within 30 minutes until your room is filled with bright yellow light. This process of changing an increasing light stimulates your body to wake up naturally. By the time light has filled the room your chosen natural sound completes the wake up experience, leaving you ready for the day ahead.

## Sunset Simulation



Sunset simulation is a light therapy used before you go to sleep. Sunset simulation prepares your body to fall asleep by gradually decreasing light to your set duration.

## Bedside Light



The sensitivity to light differs per person. In general, when using a higher light intensity a person needs less time to become fully awake. The 10 light intensities of the Wake-up light can be personalized and even be set up to 200 lux.

## Snooze function



The sound stops when you tap the top of the product. After 9 minutes the sound will gently start playing again.

## 4 display brightness levels

The brightness of the display can change from high-medium-low-very low-none.

## Proven by scientists



At this moment in time the Philips wake-up light is the only one scientifically proven to work. In order to make the Wake-up Light the

best possible product it can be in genuinely waking you up naturally and energized we have done a lot of clinical research. This research was conducted by independent science facilities to study and prove the effects of the wake-up light on the overall wake up experience. This way we have proven, among other things, that the Philips Wake-up Light not only wakes you more naturally, but also more energized and that it improves your mood in the morning.

## Developed by Philips



Philips was founded over a 100 years ago as a company that produced and sold lightbulbs. Over 100 years Philips grew into a global company that brings innovation in lots of different areas. To this day lighting still is the soul of Philips. The Wake-up Light is proud to continue its heritage by building on years of knowledge and expertise of the world's most well know lighting expert.

## Light: Yellow

The light of the sunrise simulation moves from Yellow to bright Yellow.

# Specifications

## Easy to use

Number of alarm times: 1  
Snooze type: Tap top to snooze  
Snooze Duration: 9 minute(s)  
Display brightness control: 4 settings  
Anti-slip rubber feet  
Instore demo function

## Logistic data

Country of origin: China  
CTV Code EUR: 884350801

## Sound

Number of Wake-up Sounds: 2  
Music from smartphone / iPod: No  
FM Radio

## Well-being by light

Drift to sleep naturally  
Increase energy in morning  
Wake up gradually by light

## Natural light

Brightness settings: 10  
Light intensity: 200 lux  
Sunrise simulating process: 30 minutes  
Colors in sunrise simulation: Bright Yellow  
Fall Asleep function

## Product details

Box dimensions (WxHxD): 200 x 200 x 130 mm  
Box weight: 600 gram  
Wake-up light dimensions: 180 x 180 x 115 mm  
Wake-up light weight: 290 gram  
Wake-up light insulation: Class III (to be

powered by class II power plug)  
Type of lamp: LED  
Replaceable lamp: No  
Housing back: Shiny white

## Safety and Regulations

To wake up with light: Not for general illumination  
UV-free

## Power adapter

Rated input voltage: 100-240 Vac, 50/60 Hz  
Rated input power: 7.5 W  
Insulation class: Class II (double isolation)  
Rated output voltage: 15 Vdc  
Rated output power: 5.4 W  
Cord length EU/US: 150/180 cm

