

PHILIPS

Wake-up Light

USB playback
and Dusk simulation



HF3485/01

Wake up naturally

with a Wake-up Light that gradually wakes you up

The Wake-up Light uses a unique combination of light therapy and sound to wake you up in a gentle and natural way so you are ready for the day ahead. You can personalise your waking experience by adding new sounds and music via USB.

Soft rising light and sound wakes you gradually

- Soft rising light wakes you gradually
- Up to 250 lux for natural awakening
- Choice of 4 natural and pleasant wake-up sounds
- Add new sounds and music via USB

Drift to sleep naturally

- Drift to sleep with gradually dimming light and sound

Easy to use

- Smart snooze — tap anywhere to snooze
- Can be used as bedside lamp for pleasant reading
- Replaceable halogen lamp

Proven benefits

- Research shows that users find it easier to get out of bed
- Clinically proven to make waking up more pleasant
- 100 years of Philips expertise in light technology

Highlights

Light wakes you gradually



The light intensity from your wake-up light gradually increases 30 minutes before your set wake up time. Light falls on your eyes and increases the level of energy in your body, gently preparing your body to wake up. This makes waking up a more pleasant feeling.

250 lux light intensity



The sensitivity to light differs a lot per person. In general, when using a higher light intensity a person needs less time to become fully awake. The light intensity of the Wake-up light can be set up to 250 lux. This makes sure you can wake up to the light intensity that suits your personal preference best.

4 natural wake-up sounds



At your set wake-up time, you will start hearing a natural sound or the selected radio station. It starts out quietly and takes a minute and a half to reach the volume level you selected. There are four sounds you can choose from: morning birds in the forest, cows from the alps, a cuckoo sound and relaxing yoga music. The gradually increasing sound

will make the wake up process even more pleasant, ensuring you're never rudely awakened.

Add new sounds and music via USB



It gives you the option to wake up with a new wake-up sound every day. You can download specially developed wake-up songs from www.philips.com and put them on your USB stick. When adding the USB stick to the Wake-up Light you can select your favourite song from the stick and at your set wake-up time it will start to play. It also gives you the option to listen to your own MP3 files on the USB.

Drift to sleep naturally



The gradually decreasing light and sound help you to drift to sleep. You can set your preferred time for the duration of the dusk simulation.

Smart snooze



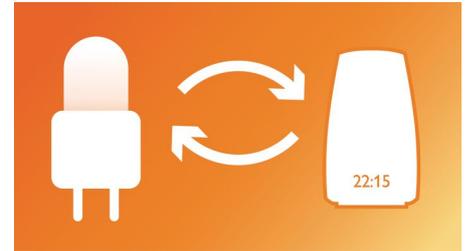
You can put the Wake-up Light into snooze mode by simply tapping anywhere on the product. After 9 minutes the sound will gently start playing again.

Bedside lamp



The 20 different brightness settings allow you to use the product as a bedside lamp

Replaceable halogen lamp



The Wake-up Light makes use of a replaceable halogen lamp for natural sunrise simulation.

Independent research



Independent research* shows that 8 out of 10 Wake-up Light users found it easier to get out of bed. MatrixLab BE, NL, D, AT, CH 2011; n=209

Clinically proven



It has been clinically proven that light is a more pleasant way to wake up, and improves the quality of waking up.

Specifications

Well-being by light

Wake-up gradually
Increase alertness
Drift to sleep naturally

Sound

FM radio
Number of Wake-up Sounds: 4
USB slot

Safety and Regulations

Not for general illumination
To wake up with light
UV-free: UV-free

Easy to use

Display brightness control: 4 settings
Snooze type: Smart snooze
Anti-slip rubber feet

In-store demo function

Charges iPhone/iPod Touch: No
Controlled by iPhone/iPod App: No
Number of alarm times: 2
Snooze button for sound: 9 minute(s)

Technical specifications

Power: 85 W
Voltage: 230 V
Frequency: 50 Hz
Insulation: Class II (double isolation)
Lifetime of lamps: expected > 4000 hours
Type of lamps: Philips Halogen Lamp 100 W, 12 V, GY6.35
Cord length: 200 cm
Insulation Power plug: N/A
Power Output Adapter: N/A

Weight and dimensions

Product dimensions: 25.2 (height) x 17.0 (diameter) cm
Product weight: 1.45 kg
Box dimensions (W x H x D): 19.5 x 30 x 19 (W x H x D) cm
Box weight: 1.7 kg
Country of origin: China
Power Plug weight: N/A

Natural light

Brightness settings: 20
Coloured sunrise simulation: No, Plain yellow
Light intensity: 250 Lux
Sunrise simulating process: adjustable 20-40 minutes
Sunset simulation

